

2025-01-03 Meditation for Friday of Christmastide is now available
at: <https://pgimf.org/meditations/>

Theme song (7th-century hymn):

Creator of the stars of night
Your people's everlasting light,
O Christ, Redeemer of us all,
We pray you hear us when we call

In sorrow that the ancient curse
Should doom to death a universe

Healing Light

Lyrics: Anon., from an ancient rune, William Sharp and Fiona Macleod, *The Cominon of Dreams* (1895)

Music: Karl Jenkins (b. 1944)

Artists: The Vancouver Cantata Singers, Paula Kremer (dir.) Live recording, April 29, 2023.
If you want to see where all the singers live, see the choir's virtual video made during
Covid, which shows each singer safely distancing at home:
<https://www.youtube.com/watch?v=5LypBiaFxt0>

Deep peace of the running wave to you.
Deep peace of the flowing air to you.
Deep peace of the quiet earth to you.
Amen.

Deep peace of the shining stars to you,
Deep peace of the gentle night to you,
Moon and stars pour their healing light on you.
Amen.

Evan
j.evan.kreider@ubc.ca